# **Roles Descriptions**

# Healer

My role as a Healer is to channel the energy necessary to promote physical, spiritual, emotional, and mental change.

The small self, negative expression of this role is the assumption of ownership of healing powers as a my own personal skill.

# Visionary

My role as a Visionary is breaking free of traditional expectations and rules, acting as an agent of change, relying on inspired guidance and direction, and looking to the future and seeing what could be.

The small self, negative expressions of this role include the misuse of my visionary power to imagine the worst possible outcomes, and destruction becomes an end in itself; a corrosive and corruptive power that can be intoxicating to wield.

# Story Teller

My role as a Story Teller is to provide a lens that creatively embellishes reality and the view of the world, whether in the mind or shared, that is a means of communicating the shared experiences of passion and behaviors.

The small self negative expressions of this role are projecting acts of sabotage onto others to avoid making a transition that would require leaving a familiar but dis-empowering relationship or life situation, tempting to spin information in an advantageous way or hide things behind a compelling tale to avoid revealing the truth of a situation, exaggerating or lying, and self-destructive behavior; sabotaging opportunities because of a fear of change and growth.

## Executive

My role as an Executive is taking charge of situations for maximum results which involves commanding center stage without even trying, using my influence to empower others, looking my best at all times, making risky financial investments that more conservative investors would never consider, and trusting the power of guidance and direction from a Higher Source.

The small self, negative expressions of this role include compromising my integrity to maintain my throne which may manifest as a lack of impulse control and the compulsion to continue taking risks even in the face of heavy losses, selling my own power or buying control of someone else's power, by selling my talents, ideas, or other expressions of myself for security and/or financial gain.

#### Creative

My role as a Creative is to creatively see the beauty everywhere, coming alive in front of an audience, playing music or appreciating it, aspiring to be creatively successful, act the intense desire to find my art form, commit wholeheartedly to realizing my creative dreams, pursue a path of spiritual development associated with the mystery schools or the study of universal laws, devotion and unbridled affection for someone or something that becomes the organizing principle of life, and developing creative energy that embraces the very best in life.

The small self, negative expressions of this role include the fear of being ordinary or unacknowledged for your artistic gifts, or resentful that I chose not to develop my inner Artist/Creative. The misuse of power and occult knowledge, being susceptible to seduction and trickery through magic and wizardry, exhibiting exaggerated and obsessive passion that undermines a person's self-esteem and physical or mental well-being, and relentlessly pursuing pleasure without regard for my own or other people's well-being.

### Mediator

My role as a Mediator is the patience and ability to read people and situations with laser-like focus and accuracy, have highly refined discernment and clear seeing in evaluating issues, and link people via information or inspiration.

The small self, negative expressions of this role include having an ulterior motive or a hidden agenda and working both sides for personal gain, harshly criticizing and passing judgment without compassion or with a hidden agenda, and being self-serving; using others for personal gain without offering anything in return.

## Intellectual

My role as an Intellectual is learning for the sheer love of learning, looking closely and considering all options before acting, cultivating wisdom to improve life for myself and others.

The small self, negative expressions of this role include using intellectual skills to play mind games and compromise truth.

### Instructor

My role as Instructor is emulating dignity, self-respect, courage, integrity, honesty, being direct and dependable, communicating knowledge, developing experience, skills, and wisdom.

The small self, negative expressions of this role include issues with delegating authority and attachment, living for myself alone, personal will usurping Divine will, arrogance, egotistical and inflated ego behavior, emotional manipulation of others, using or abusing the tutorial relationship for status or recognition, as a Mentor - imparts negative information and teaches destructive, even illegal skills, like burglary or how to cheat at work, struggling between will power and the lack of self-control, lacking will power and self-control, intellectual and emotional rationalizing, no self-authority, and no ability to choose.

#### **Assistant**

My role as Assistant is being a model of compassion and generosity, never turning down anyone who needs help, serving as the family caregiver, choosing a care-giving occupation, seeing helping others as a calling, .

The small self, negative expressions of this role is feeling resentful and uncared for.

## Mystic

My role as a Mystic is trusting intuition unconditionally, seeking insight into who I really am, searching for the true meaning and purpose of life, committing to a path of spiritual evolution, giving priority to spiritual understanding, wanting more out of life than material success, devotion, dedication, persistence, social transformation, education, and wisdom.

The small self, negative expressions of this role include believing that the ordinary rules of life do not apply to me because I'm spiritual and therefore special; nothing bad will happen to me because I'm on a spiritual path, playing the victim in order to get sympathy, isolation, and loneliness.

### Advocate

My role as an Advocate is dedication to social, political, and environmental transformation, commitment to advancing humanitarian causes, speaking out for those who have no voice, fighting for human rights and environmental protection, embodying wisdom, guidance, sensuality, physical grace, and athleticism.

The small self, negative expressions of this role include believing that others must appreciate the value of my work, believing that my work has more purpose than what others do, exploiting and overplaying my feminine power.

#### Warrior

My role as Warrior is physical and emotional strength, the ability to protect myself and defend my rights, never harm my opponent unless all other options have been exhausted, using the right instincts for survival and protection, speaking out against discrimination and oppression, challenging injustice, wearing bold and daring styles, doing things in nontraditional ways, choosing the less-traveled road, introducing radically new ideas into the culture, thriving on making waves, taking great care of the body, enjoying physically challenging activities, being super-competitive but always plays fair, including massage and body centered therapies in fitness routine, socializing with other athletes for inspiration and support.

The small self, negative expressions of this role include victory at all costs and setting aside any ethical considerations, waging war for personal gain, confronting an ego motivated by a personal agenda to gain attention, and believing physical strength is sufficient to attain all life goals.