

## Modalities Descriptions

### Transformation

As a conscious innovator, my aim, which can be found in any occupation or role in life, is to assist people in transforming their physical, spiritual, emotional, and mental pain, and becoming whole.

The challenge of this modality is to serve others by repairing body, spirit, emotion, and mind.

The lesson I bring to the world is that healing is the process of aligning with Truth physically, spiritually, emotionally, and mentally.

The Purpose of contrast is the aspect of the curriculum I use with this modality: Knowing the deeper meaning and significance of all things, beyond logic and reason.

### Vision

As I conscious innovator, I am bringing the future into the present by releasing what is harmful and using my inherent power to liberate and heal.

The challenge of this modality is to remain committed to a new vision long enough to see it come to fruition, which may involve dismantling systems and structures so that new life can emerge.

The lesson I bring to the world is to believe in a vision, however great or small, and to use creative potential to change lives.

The Polarity of contrast is the aspect of the curriculum I use with this modality: Knowing wisdom through the experience of contrasts, beyond logic and reason.

### Passion

As a conscious innovator, I relate wisdom and folly through a perspective that tells where we are and where we've come from by embellishing reality so that it's less humdrum. This compromises all fears and issues of low self-esteem that are the cause of choices that undermine empowerment and success.

The challenge of this modality is to understand the power of love as passion and recognize behaviors that undermine the Self and others

The lesson I bring to the world is personal power of passion can move mountains; dis-empowerment is a result of avoiding taking responsibility for choices.

The Evolution of contrast is the aspect of the curriculum I use with this modality: Knowing the potential expansion and growth possible, beyond logic and reason.

### Integrity

As I conscious innovator, I learn how to be responsible for the well-being of others by taking calculated risks against uncertain outcome, and consciously and subconsciously knowing the feelings of seduction and control.

The challenge of this modality is to identify the cause or causes in which it is worth investing my power and influence, trusting in the power of my intuition despite others' doubts and skepticism, learning lessons in integrity, and raising issues around trading body, spirit, or identity for security or financial gain.

The lessons I bring to the world is to differentiate between authentic power and illusory power by acting on gut instinct; responding to guidance in the moment, befriending the awareness of choices and knowing the consequences of compromising integrity for security and/or financial gain.

The Wisdom of contrast is the aspect of the curriculum I use with this modality: Wisdom gained from following and acting on my inspiration.

### Creativity

As a conscious innovator, I cultivate the imagination and explore new forms of creative expression by searching for spiritual transformation (lead into gold), romantic involvement, and any great passion in life. I have a voracious appetite for the sensuous pleasures of life.

The challenge of this modality is to overcome the fear of not being original, and the fear of losing control of my libidinous instincts.

The lesson I bring to the world is to not diminish or ignore talent but instead to develop unique artistic gifts.

The Cause-Effect of contrast is the aspect of the curriculum I use with this modality: Positive consequences of following and acting on my inspiration.

### Alliance

As a conscious innovator, I smooth relations between warring groups or individuals, and forge alliances and connect disparate groups.

The challenge of this modality is to understand the issues on both sides of a conflict and work to bring all parties together to resolve it.

The lesson I bring to the world is to lead an exemplary life based on wisdom and temperance in my dealings with others, awaken the need to forgive, and be socially flexible and empathetic which allows for finding commonality with all sorts of people.

The Vibration of contrast is the aspect of the curriculum I use with this modality: Inspired resonance or feelings that evoke profound ideas and impressions.

## Knowledge

As a conscious innovator, I pursue knowledge for the sake of knowledge and discover truth in all its expressions.

The challenge of this modality is to remain open to new ideas.

The lesson I bring to the world is to discern the difference between reason and truth.

The Love of contrast is the aspect of the curriculum I use with this modality: Intuitive deep affection and great care experienced with the abstract senses.

## Instruction

As a conscious innovator, I exhibit great courage and a sense of responsibility, and a spectrum of authority; one extreme as authority by Divine right and the other extreme as the total lack of power that is self-imposed or physically imposed by another. I embody instruction of any kind; parental guidance, mentoring, or modeling values like generosity and kindness,

The challenge of this modality is controlling an intense vitality and tremendous energy that instills confidence and courage but may also have negative and destructive consequences if not used wisely, developing impersonal detachment and giving warmth and affection to all, breaking the hold or power of an addiction which is very empowering, overcoming being a psychological slave that has surrendered to those with financial authority; an individual, a hierarchical organization such as a corporation, or the military, and realizing the utter powerlessness of an oppressed individual is a strength; the potential for personal transformation.

The lesson I bring to the world is to rule through the heart and soul in real simplicity; going to the inner heart of things and seeing things as a whole, as I teach I learn, becoming empowered, recognizing that oppression of any kind has the potential for great transformation and growth.

The Free Will of contrast is the aspect of the curriculum I use with this modality: Intuitive independence and power associated with the abstract senses.

## Assistance

As a conscious innovator, I assist others in ways they are unable to help themselves.

The challenge of this modality is the fear of being thought selfish or unable to assist others.

The lesson I bring to the world is to learn when to help and when not to.

The Rhythm of contrast is the aspect of the curriculum I use with this modality: Intuitive patterns and flow associated with the abstract senses.

## Spirit

As a conscious innovator, I am a spiritual congruent human being by expressing a profound need for an inner spiritual life that isn't fulfilled by conventional religion and at the same time having an active life in the world, with marriage, children, and a dynamic career, and using the source of the fundamental survival instinct which gives me "street smarts".

The challenge of this modality is to create a life that blends my spiritual, emotional, and physical needs by recognizing the danger of being victimized through my own passivity or inappropriate actions, having the ability to recognize when I have victimized another human being or are about to, and developing spiritual intimacy without withdrawing from the world.

The lesson I bring to the world is "Truth will set you free."

The Action of contrast is the aspect of the curriculum I use with this modality: Instinctually consistent, organized, inspired, and self-initiated activity.

## Advocacy

As a conscious innovator, I am a conscious agent for positive social/environmental change.

The challenge of this modality is to find a cause that engages my strength and talent rather than my anger or personal agenda.

The lesson I bring to the world is just because I can't do everything, should not stop me from doing something.

The Surrender of contrast is the aspect of the curriculum I use with this modality: Instinctually submitting to instincts and not resisting them.

## Service

As a conscious innovator, I break through barriers that restrict the fundamental liberties of the human spirit, and experience life through the power and stamina of the physical body.

The challenge of this modality is to find my personal voice and form of expression, and respect the strengths and limitations of my body.

The lesson I bring to the world is to transcend the need to engage in power struggles as a way of expressing authority in life, and encounter and confront the vulnerability of the human body.

The Grace of contrast is the aspect of the curriculum I use with this modality: Instinctually inspired and self-initiated personal kindness and approval.